

POWERLIFTING USA

VOL. 30, NO.9

JUL/2007 \$3.95

\$4.95 in Canada



DENNIS CIERI WORLD CHAMP



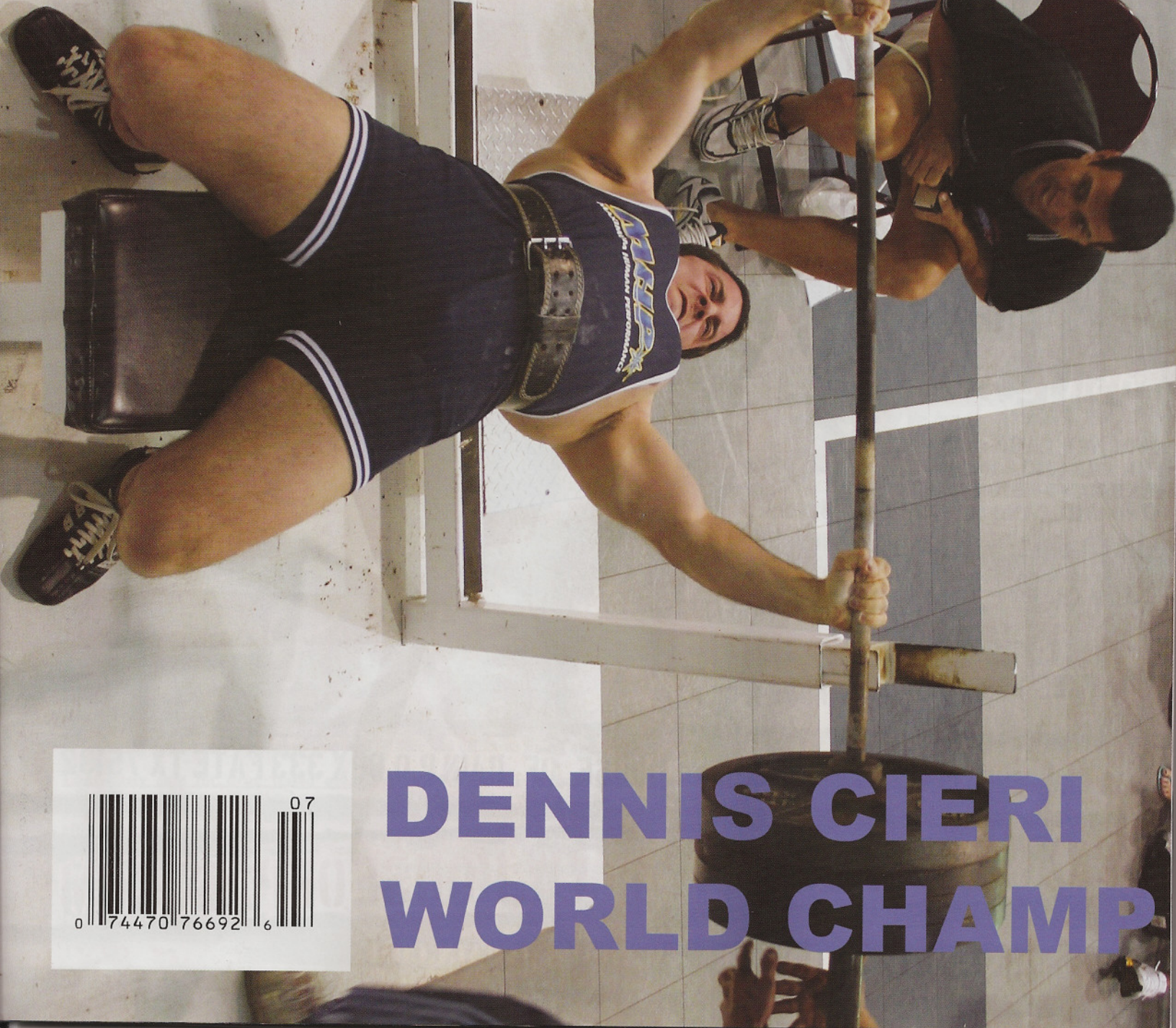
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W. Spears	479	292	507	1278	S. Brady	617	440	600	1659	R. Sheets	—	314	562	876	
B. Warren	479	325	440	1245	G. Soehner	633	374	628	1636	Tuchscherer	837	—	760	1598	
E. Burks	418	286	534	1240	C. Trionfante	573	391	644	1609	275+ lbs.					
G. Jacks	396	363	474	1234	J. Albritton	578	440	573	1592	Cressionnie	661	435	584	1681	
Brothermann	474	270	463	1207	R. Laughlin	556	369	611	1537	A. LeBlanc	655	435	584	1675	
B. Dabadie	429	303	446	1179	R. Davenport	600	347	545	1493	S. Clawson	650	341	529	1521	
P. Paulsen	369	281	501	1151	S. Mathes	584	385	507	1477	P. Wilson Jr.	628	286	589	1504	
M. Lee	418	292	418	1129	W. Blackmon	551	391	523	1466	M. Rogge	—	325	567	892	
J. Oldach	336	314	451	1102	R. Cala	540	374	540	1455						
B. Pimentel	363	275	407	1047	B. Werner	534	341	534	1410						
C. Lang	—	—	—	—	Ogundaunsi	468	330	606	1405						
R. Snow	—	347	463	810	S. Hueckel	501	363	534	1399						
198 lbs.					J. Cascio	551	319	501	1372						
B. Dedas	639	396	639	1675	J. Gates	529	303	540	1372	BENCH					
T. Godawa	650	418	589	1659	Hainsfurther	545	336	440	1322	WOMEN					
A. Harrod	622	418	562	1603	C. Edwards	485	303	529	1317	Raw					
K. Louque	617	319	617	1554	D. King	490	336	485	1311	165 lbs.					
A. Odenwald	562	385	578	1526	J. Hernandez	501	314	490	1306	Open	255				
E. Thomas	606	314	606	1526	H. Hess	485	352	—	837	K. Baird	355				
B. Calvo	562	424	518	1504	242 lbs.					Teen DT					
Q. Smith	573	347	578	1499	M. Peterson	711	440	633	1785	E. Urdahl	120				
W. Garner	501	474	501	1477	B. Loggins	633	451	573	1659	DEADLIFT					
M. McDaniel	490	380	512	1383	R. Reyna Jr.	589	451	584	1625	WOMEN					
T. Swartz	501	380	490	1372	Hutchinson	578	402	589	1570	Raw					
N. Mercurio	501	380	485	1366	J. Hackman	573	352	628	1554	165 lbs.					
A. Carrillo	501	303	556	1361	J. Carney	595	407	545	1548	Push Pull					
J. Mandia	463	391	507	1361	Continenza	545	418	562	1526	MEN					
J. White	468	341	540	1350	D. Kitchen	562	352	595	1510	Raw					
I. Madison	474	330	529	1333	C. Owens	551	424	496	1471	181 lbs.					
S. Kloc	490	341	485	1317	C. Albright	573	303	584	1460	Submaster DT					
S. Soulen	501	303	501	1306	B. Strubberg	512	374	551	1438	M. Pennington	340	405	745		
H. Johnson II	457	303	534	1295	J. Pearson	468	391	567	1427	Open DT					
J. King	424	330	529	1284	J. Chaffee	474	358	529	1361	M. Pennington	340	405	745		
M. Tucker	512	341	429	1284	J. Schneebeli	501	330	490	1322	DT=Drug Tested. Due to Memorial Day					
B. Kelley	396	457	402	1256	A. Estrada	468	303	534	1306	weekend and heavy traffic this event was					
J. Mensinger	451	253	501	1207	E. Payson	496	325	485	1306	small but quality of lifting was great.					
S. Brooks	551	—	606	1157	B. Pillow	474	330	501	1306	Special thanks to all who judged, spotted,					
T. Garvey	—	341	578	920	P. Ward	—	286	584	870	or loaded at this meet. The majority chose					
W. Zunker	578	341	—	920	275 lbs.					to lift RAW and some nice numbers were					
Z. Wagner	407	—	—	407	D. Spears	584	402	600	1587	lifted. Especially impressive was Kate					
220 lbs.					G. Owens	573	347	578	1499	Bairds raw 250 bench press and 400					
D. Brixus	650	479	622	1752	C. Pena	490	407	518	1416						

deadlift. Kate has deadlifted 430 raw in the APA in the past. I would publicly like to thank Kate for all she does to help promote our great sport and the help she provides for lifters and representatives of ALL federations. (Scott Taylor results)

APA Delaware Open 26 MAY 07 - Dover, DE

Open			
K. Baird	400		
MEN			
181 lbs.			
Open			
M. Burns	530		
Raw			
Novice DT			
A. Williams	365		
Open DT			
P. Timmons	455		
Submaster DT			
P. Timmons	455		
BP	DL	TOT	



Kate Baird at the APA Delaware Open (Scott Taylor photograph)

DPC. By raffling off special gift bags with items donated by several sponsors, most notably APT (www.Prowriststraps.com) and House of Pain (www.HouseofPain.com) we were able to raise \$128 for the Special Olympics, a special way of saying thank you to Hank Stoklosa, father of Special Olympian Jon Stoklosa who has become a part of our lifter family. Hank donated his time for the afternoon, and photographed over 1500 professional quality images, which can be found on <http://sode.smugmug.com/Sports/236869>. Clyde Carr, our loveable DJ, gave us big noise to shake up the crowd and motivate the lifters. Thank you to Len Walker, who once again loaned his monolift for the festivities, and helped to expedite the show. Thank you to Jules Furniss and Brian Lego, also expediting. Thank you to spotters and loaders, especially Tone Barbaccio, Greg Murray, a whole bunch of guys whose names I don't know, Brad Vargason and crew. Noteworthy was Doug Hollis, who spotted and loaded from the start of the meet, up until it was time for him to warm up for the deadlift (and let me not forget the considerate back massage he gave me just moments before his deadlifting). Doug worked his tail to the ground all morning and afternoon, and went on to pull a PR of 730 pounds in the deadlift. Amazing! Thanks to all of the judges, Shawn Lattimer and Ted "RoadHead" Morris both jumped in the chairs without hesitation after both had exceptional days on the platform. Thank you Slater Clappitt for video documenting the event. Thanks Henri Skiba for your eternal help and support. Special Trooper of the Heart Award to Andrea Weston, who missed the entire show as she arrived just as the last of the crowds were filtering out of the doors, but stuck around and helped us put the gym back into place. Thank you to Sandi and Zane McCaslin for making the long trek down. Zane had to pull out of the meet due to back strain, but helped judge and held a small but very informative bench press workshop after the meet. Thanks are not enough to Jack and Chrissy Osbourne who own the Training Center, and are the kindest of souls who enthusiastically let us overtake their gym once again. The Delaware Power Classic is definitely here to stay! (results Kate Baird)



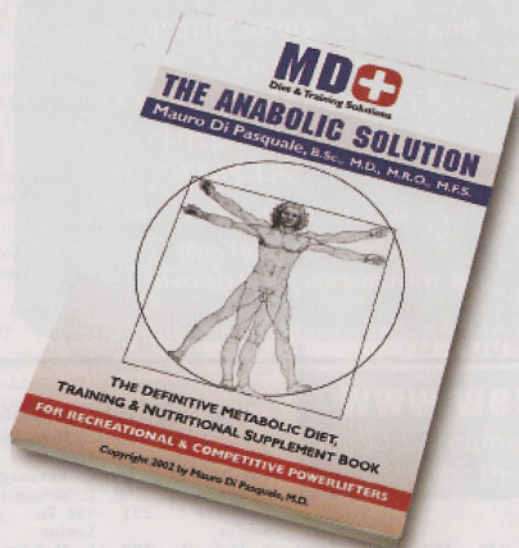
Doug Hollis pulled a PR 730 deadlift afterspotting and loading all day at the AAPF Delaware PowerClassic in New Castle, DE.



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North West Divisional 28 JAN 07 - Bentham					4th-DL-264				Master IV D. Howarth					
Senior					148 lbs.				Master V					
SQUAT					Senior	308	270	407	986	A. Davies	385	253	507	1146
Raw					165 lbs.				4th-DL-509					
220 lbs.					Junior	407	253	496	1157	242 lbs.				
Senior					S. Wilkinson					Junior				
R. Harris	—				Master III					R. Birkett	418	231	479	1129
BENCH					P. Roberts	363	242	429	1036	Master I				
Raw					Senior					A. Archer	286	226	463	975
198 lbs.					A. Jones	396	242	463	1102	Senior				
Master II					Teen III					G. Sykes	352	220	429	1003
S. Matsoukis	—				K. Harrison	231	165	385	782	275 lbs.				
220 lbs.					181 lbs.				Master II					
Master III					Senior					M. Bolton	396	275	496	1168
M. Flett	275				S. Baker	374	308	573	1256	Master IV				
242 lbs.					Teen III					M. Leadbetter	424	308	595	1328
					D. Bolton	308	198	374	881	4th-BP-314				
FEMALE					198 lbs.				Senior					
Raw					Senior					G. Pilling	551	352	711	1614
138 lbs.					B. Francis	418	264	512	1196	319 lbs.				
Senior					L. Parkin	374	308	440	1124	Senior				
H. Isaac	198	132	297	628	220lbs.				M. Haydock					
MALE					Junior					A. Varley	562	374	644	1581
Raw					F. Greenall	352	292	429	1074	Referees: Jason Barker, Andy Davies, Mark Haydock, Sam Haydock, Mark Norton, Les Pilling, Haydn Rowlands. (Sharon Clegg)				
114 lbs.					Master II									
Teen I					A. Milner	352	253	396	1003					
S. Hanoman	187	99	259	545										